

WHO ARE WE..?

Community Connections is a community organisation working with young people who are at risk of homelessness or looking for short term mental health support.

We **acknowledge** that young people are the Experts in their own lives and with support and information can find their own solutions. We also recognise the importance of family, friends and significant others in the lives of young people.

Community Connections has 2 programs that support young people. These are:

- ◇ Reconnect
- ◇ Mental Health Social Work

RECONNECT

Reconnect works with young people (12-18) who at risk of homelessness in the North-East area of Brisbane.

Reconnect Workers can provide support to help young people:

- ◇ Stabilise living arrangements
- ◇ Work things out with family/important people in their life
- ◇ Engage in education, employment and community

Reconnect is free and confidential.

Reconnect workers can outreach to young people.

If you or someone you know might want support from a Reconnect Worker you can call the office on 3266 5199 and have a chat with one of the team.

MENTAL HEALTH

SOCIAL WORK

Mental Health Social Workers are Accredited and Registered with Medicare to provide short term support for young people 12-25 years.

They have experience providing support for people who are experiencing mental health issues.

For example:

- ◇ Depression
- ◇ Anxiety
- ◇ Relationship problems
- ◇ Life crises
- ◇ Adjustment issues
- ◇ Family conflict
- ◇ Trauma

You need to have referral from a GP and we can talk with you about how to get this.

If you or someone you know might want support from a Mental Health Social Worker you can call the office on 3266 5199 and have a chat with one of the team.

CONFIDENTIAL SUPPORT

Community Connections offers a wide range of free or bulk billed confidential services and referrals to meet the individual needs of young people and or their families, in the following ways:

- Information
- Advocacy
- Counselling
- Referral
- Practical skills
- Group work
- Mental Health Support

We can assist you to access the following...

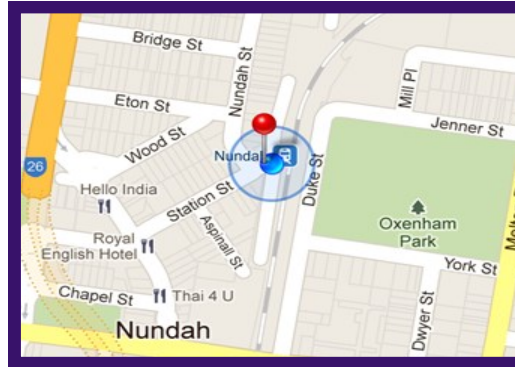
- Accommodation
- Income Support
- Education
- Employment
- Training
- Specialist Services

We are committed to working with people from diverse communities, including Aboriginal and Torres Strait Islander communities and other cultural backgrounds. We can access interpreters if required.



WHERE ARE WE?

Our office is 40 Station Street, Nundah. This is on the corner of Nundah and Station Streets in Nundah Village. On the right as you leave the train station... Look for the hand on the door!



CONTACT US . . .

P. 07 3266 5199
F. 07 3266 5866

Postal Address: 5 Nundah street,
Nundah, Q, 4012

www.communityliving.org.au

Hours: Monday-Friday 9am-5pm



Community Connections

CASEWORK | COUNSELLING | GROUP FACILITATION

WE WORK WITH



Young People



Families



Important others



Schools



Community

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