

Community Living Association Inc.



Annual Report 2012

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Acknowledgement of Traditional Owners

Community Living Association Inc would like to acknowledge the Traditional Owners of the land on which we live and work. We acknowledge the Turrbal people of the north of Brisbane, the Juggera of the south and other traditional groups in the surrounding areas.

We acknowledge all of our ancestors, Aboriginal, Torres Strait Islander, and non-indigenous, past and present, for shaping who we are and guiding us into the future. We welcome you to the community we share. We acknowledge this country as a 3 flag nation.



History of the Turrbal People

The Turrbal people are the self-identified traditional custodians of the North Brisbane area and linguistically relate to a poly-block of languages - the Yuggerra (European translated Yuggerra) and Gubbi-Gubbi dialect - which is spoken as far inland as Moggill, North to the Pine River and South to Logan (Steel, 1983, p. 121). An Indigenous people's language belongs to country and creates traditional lore, custom and the country from which it originates, i.e. flora and fauna species. The 'TURR' in Turrbal is translated as 'NO' whereas 'BAL' describes an Indigenous peoples place marker. Central to an Indigenous people's name and linguistic grouping is the root that is an indicator of one's immediate family and their familial reproduction under this name. Underlying this immediate connection is the kinship net-work that connects a people to country. This connection is directly descended from the mother's side, hence the Indigenous expression, "*skin of my country*". (Dr. Peter Whalley, Interview. March 19, 2010. Senior Lecturer QUT Oodgeroo Unit).

Nundah was originally pronounced in the language Yuggerra as both Nyanda and Nandah meaning 'chain of water holes' (Steel, 1983, p. 129). This definition stands in relation to a major Indigenous pathway that was effectively used as a coastal trade route, a site for Corroborres and a meeting spot for various Indigenous groups who travelled North and South along the Coast, as well as for those Indigenous peoples travelling inland (Steel, 1983, pp.123-131).

Post-colonial Nundah was initially named Zion Hill in relation to the presence of the German Moravian Missionaries (who later relocated to the Bunya Mountains) to which local Indigenous Tribes referred to as 'Umpie Daggur' (houses of white men); Zion Hill was later

renamed The German Station but was officially re-named Nundah during the 1890's reflecting both local Indigenous historical interest and the connection to Turrbal country. Pre-colonisation (Steel, 1983, pp. 123-126) there were a large number of Bora Rings or Bools located within the Nundah area; this indicated that a dense Indigenous population were present on country. Bora Rings are traditional initiation sites where young Indigenous men are welcomed into manhood through customary ceremonious rituals such as circumcision, scarification, the learning of sacred song, stories, dance and traditional law. Indigenous people are not homogenous groups but consist of separate nations all encompassing differing languages, traditions, lore and symbology. Therefore Bora Ring ceremonies are conducted in a variety of ways reflecting a particular Indigenous group (Family Representative Committee, 2006, pp. 4-6). Indigenous groups were distinguished from one another by the directions of the incisions (scarification) that were made upon the breasts and arms during initiation ceremonies i.e. the Turrbal people were differentiated by a fleshy protuberance made upon the wrist by continually casting fishing nets (Dr. Peter Whalley, Interview. April, 17, 2010. Senior Lecturer QUT Oodgeroo Unit) and also displayed chest scars which were arranged in vertical patterns with scarring added to the shoulders of males at the time of a Bora Ring ceremony (Steel, 1982, p. 126). The Turrbal people were known to have participated in Bora Ring ceremonies at Nudgee, Keperra, and Samford neighbouring the Garumngar people. The Bora Ring at Keperra lent itself to the suburbs name as 'Kipper' means young man in Turrbal. Bora Rings still presently exist in Brisbane and can be located at Toorbul Point, Samford, Samsonvale and Mount Esk Pocket (Petrie, 1902, p. 55).

The Turrbal people displayed a continuous connection to country in the Nundah area. The Duke of Yorks camp, that self-identified themselves as Turrbal people, was located in Yorks Hollow which at the time was a gully that passed through Victoria Park and the Royal National Association Showgrounds (RNA). This Indigenous campsite was traditionally known as Barrambin. Another two known Turrbal campsites were located at Toowong and was called 'Baneraba' and Newmarket known as 'Buyuba' meaning 'shin and "[referred] to the straight reach of Enoggera Creek in the vicinity of Bancroft Park" (Steel, 1982, pp. 124 – 125). The Turrbal people of Barrambin, Baneraba and Buyuba were Riverine people and consisted of between fifty to sixty men who utilized a wide array of local resources that were located upon country. Indigenous groups that subsisted along coastal inlets were recorded as having high population densities due to the availability of marine resources producing a picture of "a stable and well developed coastal settlement patterns" pre-colonisation (Whalley, 1987, pp. 19-24)

CLA's History

Community Living Program (CLP) was established in 1987 as part of the Commonwealth Rehabilitation Service (CRS). The program, which was attached to the Taringa Rehabilitation Centre, was to support young people with an intellectual/learning disability towards independence. In 1987 the program was moved to the Spring Hill regional unit, its first community-based setting.

People with an interest in the program (Friends of CLP) became concerned when the CRS decided to cut back CLP's resources, and decided to seek funding under the new Disability Services Act (1986). Funds were granted in 1989 for a research and development project. The Friends of CLP incorporated as the Community Living Program Inc. on the 23rd of June 1989. On the 20th January 1995, CLP changed its name to Community Living Association Inc (CLA). CLA now manages CLP, and has sponsored a range of other projects. CLA also manages:

- Village Housing
- Community Connections (Reconnect, Youth Support Co-ordinator and Youth Connections).
- ARROS
- Community Projects (Volunteer Programme, The Shed Space)
- A small research programme
- CLA Student Unit

Our Purpose

Community Living Association (Inc.) aims to:

- To contribute to the relief of poverty, sickness and other misfortune and to the promotion of the well being of individuals, groups or communities who are disadvantaged and vulnerable either socially, physically, intellectually or emotionally (hereinafter called social welfare); in particular those people who experience a learning (intellectual) disability.
- To undertake, or carry out any other benevolent work or purpose.
- To promote, establish carry out and support and to assist in promoting, establishing, carrying out and supporting any social welfare program designed to contribute to the alleviation of poverty, sickness or other misfortune including those undertaken by Statutory Authorities, voluntary Welfare Organisations and other community groups.

- To assist people with 'learning difficulty' to determine and achieve what is important to them.
- To assist people with 'learning difficulty' to stand up for themselves, individually and collectively in the community and to have their say in representing their interests, issues and needs to all sectors of the community and government.
- To assist people with 'learning difficulty' to improve the social and economic conditions of their lives, for example: income, housing, health, transport, sporting, recreational, artistic etc.
- To assist people with 'learning difficulty' to develop a safe and secure life in the community.
- To assist people with 'learning difficulty' to develop their family, friend, partner and community relationships and connections.
- To assist people with 'learning difficulty' achieve a state of good psychological and physical well being.
- To assist people with 'learning difficulty' achieve a sense of personal potency and of personal meaning.
- To assist people with 'learning difficulty' achieve a sense of meaningful use of time for example; employment, community service etc.
- To collaborate with other organisation's in the achievement of C.L.A.'s objectives.
- To document and record C.L.A.'s work and endeavours.
- To identify and initiate creative responses to the needs and issues of people with 'learning difficulty'.
- To assist community members build better communities through the inclusion of people with learning difficulties.
- To assist families in their commitment to family members with a learning difficulty.

Mission Statement

CLA Inc. will seek to carry out its' objectives in ways that are:

- Respectful, kind and encourage one's own control;
- Flexible, innovative and responsive, leading and giving hope;
- Diverse, fun and address the whole self;
- Written down and shared with others;
- Well-resourced and heading toward self-sufficiency;
- Co-operative and collaborative and value all opinions;
- Seek feedback and question deficiencies; and
- Challenge society and change it, acting politically.
- Stable, keeping core values and vitality

ORDINARY MEMBERS OF C.L.A. (INC)

150+ Members (Constituents/Family/Community)

Executive Committee of C.L.A.

Elected
annually from —
membership.
Meet Monthly

Nine
People

- President
- Vice President
- Secretary
- Treasurer
- Five other Board Members

Memorandum of
Understanding with:

- Nundah Community Enterprises Co-Operative Ltd
- Independent Youth Housing Group Ltd
- WWILD-SVP Inc

Sub-committees

Co-ordinator C.L.A

Housing Worker

- Village Housing
- I Y H G Ltd

Financial Administrator & Administrative Staff

Community Connections

- Team Leader
- Youth and Family Workers
- Volunteers

Community Living Program

- Team Leader
- Community Living Workers
- Associate Community Living Workers
- Volunteers

ARROS

- Team Leader
- Outreach Workers
- Part-time Workers
- Volunteers

Community Projects

- NCEC
- The Shed
- Community Development/
Volunteers

Research Unit

- Research Staff
(Shared with WWILD-SVP Inc)

CLA Student Unit

President's Report

2011/2012 has been a significant year for Community Living Association Inc, our constituents and the community sector more generally. There have been some significant challenges, but most importantly, there have been many achievements and joyous moments throughout the year.

The Monster Movie Musical Spectacular in 2011 was a highlight for all of us at CLA. The musical was written by constituents of CLA, performed by a cast of sixty people, and wowed an audience of three hundred. Many, many people played a role in the creation of Monster Movie Musical Spectacular – constituents, volunteers, community members and staff. And there are too many to name in one go, but I would like to make special mention of a few contributors: Craig McAllister who wrote, produced and performed, Heidi Cheng, one of the production team, and Leona Berrie who directed.

This second musical written by constituents was so successful that people immediately began work on the third musical, *Countdown* which is being performed tonight.

As an organisation, CLA strives and celebrates people discovering, using and sharing their gifts and talents. And we are proud that we are able to support the musical, based on a few provisos:

- That constituents take the lead in writing and visioning the musical;
- That other members of the community are invited to participate;
- That anyone who wants to be on stage and have a role can be on stage or have a role; and
- There is an organising committee of constituents and staff with a Director who would have the last say.

Other significant events and achievements for CLA this year have been:

- Partnering with WWILD-SVP to deliver the Paperbag Lunch series.
- Hosting a joint symposium "Hopes and Dreams of Parents with Intellectual Disabilities" with QUT and BOLD Network.
- Publishing an article on CLA's practice with the University of Queensland in *Australian Social Work*.
- Establishing a joint research position with WWILD-SVP.
- Purchasing the WWILD-SVP office at Woolloowin in partnership with WWILD-SVP.
- Raising funds for Young Peoples' Housing Project through the Sleep Rough fundraiser. We raised \$17,000 that will go towards housing six young people.
- Continuing our support for the Nundah Community Enterprises Co-operative who are continuing to create new jobs for themselves and others experiencing intellectual disability or mental health issues. We would like to especially congratulate them on their recent Singing Waiters function; it was a fantastic event.
- Continuing our support for the Independent Youth Housing Group who are growing from strength to strength.

- Establishing the Student Unit. We would especially like to thank Renee Mills, the Unit Supervisor and QUT for funding the unit.
- Hosting a forum on 'Combating Violence in Relationships' with Rob Hall, a well-known expert in this field from South Australia. We would especially like to acknowledge Cate from Community Connections for organising this forum.
- Providing a submission to the Child Safety Enquiry (*The Carmody Enquiry*).
- Completing the Solar Families Project and are at roughly a 35kw capacity from cells over CLA Inc/NCEC Ltd. This is now generating a cost saving of approx. \$20,000 p.a. as well as the environmental benefit of clean energy production equivalent to powering our organisations.
- Contributing submissions to the National Disability Insurance Scheme regarding its design and coverage.

CLA's programs have continued over the year and have been delivering positive outcomes for constituents, young people and our community. And in the background, the CLA Management Committee has been busy. We have been reviewing how we function as a board, and looking at transition and succession planning to ensure CLA remains a strong and sustainable organisation.

Of course, there have been some significant challenges impacting on CLA this year. These have included the election of a new State Government, the continuing Growing Stronger disability program, and the announcement of the National Disability Insurance Scheme (NDIS) pilots in several states, with the Queensland Government opting for a pilot of its own scheme.

The 2012/13 State Government budget and consequent policy changes will impact specifically on CLA's Community Connections program. This is due to changes in the Youth Support Co-ordinator (YSC) initiative. CLA may lose this funding and three positions within Community Connections. But it is not over yet - a number of schools our YSC's work in have been extremely positive and supportive of the work of our YSC's, and negotiations about the future are continuing.

The proposed NDIS will also bring big changes, and CLA has been very active in this space by making submissions to the NDIS Committee around issues such as eligibility and how people can access support under the Scheme. CLA partnered with WWILD-SVP and the Endeavour Foundation to host a Roundtable on the NDIS and its impact on people with Cognitive Disabilities. This roundtable attracted over a hundred people.

On behalf of the Management Committee, I would like to thank all of our constituents, staff, volunteers and community members for another wonderful year. I look forward to seeing everyone's talents, gifts and abilities celebrated at tonight's musical, and through the work done and contributions made in the year to come. In particular, Danny Thomas, Ian Williamson, Paul O'Dea, and one retiring member of the committee Janelle Pembroke.

Anne Curson
President
CLA Inc

ARROS in 2012



In 2012, ARROS has expanded its outreach work significantly. As well as our core work with 10 young (or not so young) people with an intellectual or cognitive disability who are homeless or at risk of homelessness, we are also working with 15 young people with a disability who are transitioning from out of home care into adulthood.

Staff

ARROS has had a stable core staff group in 2012, consisting of two Outreach Workers Deb Street and Meg Hassan, two Transitions Outreach Workers Rod Star and Emily Reynolds, and Team Leader Jessica Burke. Together they have worked with 23 constituents, their families and significant others. They have been supported throughout the year by part time and contracted workers Simon Ross, Debbie Wenzel and Ruth Edwards, and for shorter periods by Dave McGuire and Shalini Vieira.

The work we do is heavily supported by volunteers and mentors who create relationships with the young people we support. Our special thanks goes to Debbie Wenzel, Kate Thornton, Claire Olson, Lisa Green, Megan Salisbury, Richard Warner and Camilla Batchelor, whose input into people's lives makes an invaluable difference.

Our students, as always, have provided many hours of support to our constituents and staff. This year they have been Pam over the summer semester, Cassie in the first semester and Rosario in the second semester. Susana also joined us for a short period in second semester.

Key Projects

ARROS workers have worked on the following key projects over the past 12 months.

- *ARROS Outreach and Connection Work* – ARROS workers support 10 people with an intellectual or cognitive disability who are homeless or at risk of homelessness. This work focuses on finding places to live and spaces to belong.
- *Transition and Post Care Support Initiative* – ARROS works with 13 young people who are transitioning from out of home care into adulthood. This work involves supporting young people to prepare for their transition through creating supportive relationships and trying to find roles in the community.
- *Transitions Mentoring Program* – We now have three volunteers who connect with two young people who have exited out of home care.
- *Young Person's Homeshare Project* – ARROS participated in the Sleep Rough Fundraising Project, which raised money to support an intentional shared living arrangement between a young person at risk and a community member.
- *Greater Community Connection Across our Geographical Area* – This year's planning day we identified a need to be more connected across the geographical area in which we work. In an attempt to become more connected, we are looking into possible new

premises in the Redcliffe area, a greater presence on network meetings and more sharing of information and connections within the staff group.

- *Child Protection Inquiry* – ARROS made a submission to the Child Protection Inquiry outlining some of the issues faced by young people with a disability exiting care, as well as some of the issues facing people with a disability who are parenting.

Other news...

In working towards our goals, we have made some changes to ARROS operations over the past twelve months. These include:

- *Quarterly Volunteer Review* – ARROS has implemented a quarterly volunteer review to consider whether we are supporting volunteers effectively, whether there are new opportunities for volunteers, and whether volunteer roles are changing or remaining as initially decided upon.
- *Participation in Research* – ARROS staff and constituents have had the opportunity to participate in the following research opportunities: “Parents with an intellectual disability and the child safety system”, “Growing up after foster care”, “A study of best practice in workplace support and development of newly qualified community services workers”, “Sexuality and sexual abuse prevention in adults with intellectual disability: a study of family members and support workers” and “Feeling safe at home”.
- *Professional Development* – ARROS workers are constantly trying to improve their skills and knowledge to support the work they are doing. As well as further education that workers are undertaking individually, workers used the planning day to identify some areas they would like to work on jointly.
- *Community Living Initiative* – ARROS is now supporting three people who have been successful in their applications for Community Living Initiative funding.
- *Sharing information* – ARROS has shared some case studies with our funding body to document people’s experience of transitioning from out of home care.
- *Redevelopment of policy* – ARROS supported CLA in redevelopment of Working with Parents with an Intellectual Disability Policy and Procedure.

Special Thanks to...

- The ARROS team, of full time, part time, and contracted workers, students and volunteers, who have worked hard to be alongside the young people we work with and have shown warmth, creativity and commitment to achieving positive outcomes for our constituents
- Vic and Richard, who have shared our office, as well as their insights and support with our staff and constituents
- Morrie for your leadership over the past year, supporting us to see the big picture and guiding us to develop ourselves and our practice
- Carmel, Sylvia, Rosie and Mandy for your administrative and technical support.
- The CLA Inc. Management Committee for supporting ARROS in our work.
- Our DS Community Resource Officer, Bill Webb.
- The families, friends and committed supporters of ARROS and the people we work with.
- And most importantly to the people we work with who are the reason for ARROS existing. You are a great source of inspiration to us. Thank you for the many lessons you have taught us and for allowing us alongside you in your journeys.

Community Connections

Community Connections works alongside young people and families where there are issues that could lead to early home leaving and/or early disengaging from school. Using an early intervention and community development framework, our work also encompasses group and project work and creating links with the school and wider community.

The service continues to have 3 programs, Reconnect (Department of Families, Housing, Community Services and Indigenous Affairs), the Youth Support Co-ordinator (or YSC) initiative, (Department of Communities), and Youth Connections* (Department of Education, Employment and Workplace Relations).

The YC Program is funded until 31 December 2013, and the Reconnect Program is funded until 30 June 2012. The YSC Initiative is funded at the present level until Dec 2012, with a 10% reduction in funds from January to June 2013. The initiative is currently under review.

Community Connections workers currently Kelly Otto, Cate Ryan, Eden McNamara, Minda Kaszai, Chloe Warrell, Samuel Kimanuka, Eloise Phelps and Tania Lawrie.

The team would like to thank Sara Hicks who has gone to chase adventures in Europe.

Additional Activities for 2011-12

- Engagement in school activities/events including assembly presentations, schools expos, open days, information days, workshops, student welfare/year level co-ordinator meetings, school camp.
- Several groups at local High Schools (some co-facilitated with school staff and other community agencies) including Young women's groups, Peer Skills, Brita Futures, Koping, and Indigenous Students groups.
- *Centrelink Cluster Meetings* - Continue to be held on a quarterly basis and provides an opportunity for Social Workers from local Centrelink offices and workers from Community Connections, and Jabiru to build relationships, share information and experiences about working with young people.
- Community Connections hosted a workshop facilitated by Rob Hall to develop our practice around working with men who use violence in their relationships.
- Organised and provided worker support for Kedron SHS ESL students to undertake swimming lessons with money granted to the Northside Intercultural Youth Working Group by Brisbane City Council.
- Supported young people / children and their families who access the Nundah library homework club.
- Participate on the Brisbane North Youth Justice Complex Case Panel.
- Provided support and participated in the Sorry Day event hosted by Noonga Reconciliation Group.

Community Connections would like to say special thanks to:

- The current Community Connections Team.
- Sara who has gone on to new adventures.
- Minda, Eloise, Andres, Amy, Rachael and Danielle for their contributions while on student placement;

- CLA Inc, in particular Morrie O'Connor, the Management Committee, Carmel, Rosie, Sylvia and Mandy, and the workers at CLP and ARROS;
- Bea Rogan, external facilitator for our Strategic Planning days.
- Cate Rawlinson who has supported us in co facilitating Koping and has helped to maintain a strong and mutual relationship with CYMHS;
- Brisbane City Council.
- Rob Hall.
- The School and Learning communities with which we engage.
- Elders and community members from the various Indigenous communities who have supported the Indigenous Students Project;
- Elders and community representatives from the various communities that have supported the ongoing work with young people and families from diverse cultural backgrounds.
- To all the young people and families who have shared their stories with us.

White Ribbon Day 2011

Once again Community Connections lead the CLA effort in collaborating with other members of the Northside Alliance against Domestic Violence (NAADV) to hold a White Ribbon Day event at Taigum Shopping Centre. On the day we were supported by many community members, services (government and community based) and 612 Local Radio and we would also like to thank the Honourable Neil Roberts MP, then State Member for Nudgee and Minster for Police, Corrective Services and Emergency Services to joining in the commitment for safe relationships.



The White Ribbon Day campaign focuses on the majority of community members and in particular



men, who have respectful and safe relationships to stand up and say no to violence in relationships. At the event, community members were invited to take the oath “never to use, excuse or remain silent about violence against women” and their signatures were assembled into an artwork. The community artwork is now displayed at SANDBAG Inc. White Ribbon Day is promoted through a national campaign and is a local response to the International acknowledgement through the United Nations on the rights of women and children. Thank you to all community members, services and workers to contributed to the day. We look forward to coming together in November 2012 to again acknowledge and promote White Ribbon Day.

Swimming Project – Kedron State High School

The swimming project at Kedron State High School was initiated after successful feedback, generated from young people and school staff, followed a similar program last year.

Through the 2012 program, it was hoped that supporting young people to access swimming lessons would increase water confidence and safety, increase the ability for young people to participate in the wider school community's events (such as the annual swimming carnival), increase awareness of Community Connections and school staff amongst participants and provide an opportunity for participants to improve their swimming ability. As such, funding of \$2000 was made available to the North Side Intercultural Youth Working Group, auspiced by Community Connections, for swimming lessons as part of the Brisbane City Council's Youth Development Program.

This year, the swimming school at Fitness First Lutwyche ran the swimming lessons. Fitness First has had an ongoing partnership with the school to allow students to utilise the fitness equipment and receive instruction by trainers during afternoon sports.

Swimming lessons were offered to all CALD students in years eight and ten. Lessons were held for approximately an hour, spanning over ten weeks. Through the first lessons, young people were allocated into a group depending on their swimming ability. From then on, each lesson would consist of the young people meeting with their instructor and working on their breathing, kicking and general stroke correction.

Forty-seven young people from years eight and ten participated in the program. There was a mix of genders and cultures in the group with young people identifying as Sri Lankan, Iranian, Karen, Burmese, Indian, Nepalese, Taiwanese, Chinese, Persian, Ethiopian, Czech and South African. The experience of previous swimming lessons by the young people varied from extensive lessons taken during primary school, to learning with family members to never having had lessons before.

Feedback from the students and staff members who attended the sessions was positive. All of the participants stated that they would recommend the program to their friends, and a majority felt that their swimming ability had improved, particularly in regards to confidence around breathing and kicking.

Staff members at Kedron State High School have expressed strong interest in the continuation of the program. The aim of the lessons, to improve water confidence, has been met. Kedron State High School and ourselves will be looking for new ways to provide swimming lessons to CALD young people in the future.



Sorry Day Event

Who	Eloise (social work student), Noonga Reconciliation Group (key contacts were Bev Hickey and Lorrene Kublick) and the local community.
What	The Noonga Reconciliation Group holds an annual Sorry Day Event at Kalinga Park. The ceremony includes presentations by local school students and is attended by local Elders, community members, MPs and the general public. My purpose was to provide whatever support I could to help plan and run the event.
Where	Lorrene's house (where meetings are held), the Stolen Generations Memorial Site at Kalinga Park, local schools.
When	February – May (event held on the 25 th of May)
How	I attended the monthly Noonga Group meetings to find jobs for me to do. I was involved in writing letters and invitations to send to the schools, going to the schools to meet with teachers/principles to give the invitation in person, contacting the local media and ordering supplies.
Why	Community Connections has held an interest in working with the Aboriginal and Torres Strait Islander communities for over 5 years. Learnings from this project work include the value to working together with community members and agencies to celebrate culturally significant events in our community. Working together to support the activities and interests that that community want to see happening is a way we can build and maintain relationships that demonstrate our commitment to providing culturally appropriate and inclusive services. This work also provides opportunities for workers to build knowledge and skill in the area of working respectfully with Aboriginal and/or Torres Strait Island peoples. Specifically, Sorry Day is also an important celebration in our community as a generalist service to remember the need for reconciliation and find ways to action this in our work.



Kalinga Park Sorry Day

Memorial site

Local Elders



Recommendations

I have really enjoyed working with Noonga on this event. This project has given me the opportunity to meet and work with people from different organisations and communities, as well as allowing me to gain a little bit more of an insight into how small community groups can work towards a bigger cause (reconciliation). I have also been able to meet several local elders and hear a bit about what life has been like for them. I have gained a greater passion for Reconciliation, which I will hold close throughout both my practice as a social worker and as an Australian living in a culture that often perpetuates oppression and discrimination of Aboriginal and Torres Strait Islander people. The individuals involved in Noonga have been so welcoming to me and I would highly recommend to any future students to also become involved in some of their work. Noonga's projects are often around key dates in the Indigenous calendar – e.g. Reconciliation week, NAIDOC. However, if those dates don't fall within a student's placement, I would still recommend getting in touch with Bev or Lorrene to see what else is going on, particularly within schools or even to just attend one of their meetings.

Koping Adolescent Group

This year I have been working in collaboration with CYMHS (Child and Youth Mental Health Service) Nundah and other services in the Brisbane North Health Service District to provide a support group for young people with a parent with a mental illness or dual diagnosis. The group gives young people the opportunity to access peer support and information, and to develop helpful coping strategies.

The group aims to support young people to:

- Improve self-esteem
- Improve communication skills
- Increase understanding of mental illness, its causes and treatment
- Improve supportive relationships with peers
- Increase repertoire of coping behaviours and skills, and
- Increase understanding and acceptance of emotions.

I facilitated a group in May and June this year along with a psychologist and a social worker from CYMHS, and a psychologist from Project Circuit Breaker. The group included 7 young women from across Brisbane who all attended various schools and did not know each other prior to coming to group. The group runs over three days, one day fortnightly for six weeks. The first two sessions are held on a school day and the last during school holidays. Group runs from 10-5pm and content is delivered through a combination of interactive activities and group therapeutic approaches.

The messages for the first day were 'You are not alone' and 'Knowledge is power'. The focus for the initial group was around psycho education and this included a visit from a psychiatrist to answer the young woman's questions about mental illness and substance use in a less clinical way. The aim of the initial group was also around connecting with others to encourage more open communication for the following two days.

The second focuses on the experiences of stress in families and recognising resilience. The key messages are that growing up in any family can be challenging at times; no man is an island and we all have strengths. With this as a guide the activities encouraged young people to reflect on their life experiences and recognise resilience and coping strategies they have used in the past and can use in the future.

The final day is used to reflect on strengths of young people and how they can identify and use their coping strategies to take care of themselves. The day involves activities that encourage relaxation and self-care. It also focuses on looking forward to the future and staying connected with supports.

The 7 young women attended all 3 sessions, including the final day which was held during school holidays.

The feedback from the young woman was very positive and stated that the group:

- Improved their understanding of mental illness and substance abuse.
- Created awareness that they are not the only young person who is experiencing living with families members with a mental illness.
- Improved their connections to other young people
- Improved their knowledge of support services and where to access help.
- Improved their ability to identify coping strategies.
- Was lots of fun.

Facilitating the Koping group helped me to recognise the isolation that young people can experience when they have family members with a mental illness and the lack of services available to young people in this situation. As a worker my major learning's were around the value in bringing young people together to connect and create support networks for each other; engaging young people in a group therapeutic context; and building my professional skills for responding to young people in my caseload who have family members with a mental illness/dual diagnosis.

Minda Kaszai

Respectful Relationship Project

Exploring Narrative Approaches to Addressing Men's Violence, Rob Hall Workshops

As a continuation of Community Connections' focus on finding ways to respond to and reduce the acceptance of violence in relationships, Rob Hall from Narrative Practices Adelaide was invited to come and share his experiences of working in this area with workers from CLA and local networks. The 2 day workshop was held on 15 and 16 March 2012 and was attended by an interested and focused group of practitioners and students working with the issue of violence. The workshops supported participants to look into ways to avoid being complicit with the social construction of violence and illustrated skills and methods to find alternative ways to work with people using violence to begin a journey of making ethical choices in relationships. Some feedback from participants was:

"It helps a client to safely reflect on their own actions."

"Helpful thought provoking"

"I find discourse deconstruction particularly resonates with me. These concepts are highly applicable to my work."

"It's informative and helpful in working with not only the abusers but also with the victims"

"Excellent – it helped me to understand and to better identify the contradictions that can exist for people and how to address these"

"It encourages a client to safely explore the options for the future with a sense of ownership"

"Valuable, important, crucial for work DV"

"Very useful. Opened ideas about how we can address change and how to hold concepts of punitive vs restorative approaches"

"Those concepts of 'becoming ethical' and journey have helped me to understand how change can happen and what it takes for people to make change."

This step of the Respectful Relationships project aimed to continue developing CLA Inc's capacity to respond to violence and support people to grow respectful relationships. Steps identified from this experience are to review and consider CLAs policy and procedures to continue developing our organisational practice approach to ensure safety for all.

Indigenous Central - Brisbane State High School “BSHS”

The Indigenous Central project enhances and promotes Aboriginal and Torres Strait Islander cultures and celebrations. Through this project, the Youth Support Coordinator “YSC” works in partnership with other school staff and the QLD Reds to continually build valued relationships between Indigenous Young People and their families with the local community and elders. Indigenous Central provides a safe space to promote learning, empowerment, and connectedness with not only the indigenous community, but also with the wider community to increase community awareness and education about Indigenous issues and to encourage participation in life enhancing lifestyle and harmony. The school plays a central role in supplying didactic materials for the workshop activities. In every Thursday’s workshop, Indigenous Young People learn about their culture, beliefs and history through video, PowerPoints, audio devices and Music.... Throughout these delivery methods, Young People are required to be attentive and participate in group discussions or answer some questions. Other times, Indigenous Young People go away for excursions or for cultural awareness camps, such as visiting the Aboriginal and Torres Strait Islander art – at the Art gallery at South Brisbane, Brisbane State Library, or at QLD museum. Further, they also attend some Indigenous performance activities such as Stolen Generation and so on... at QPAC.

Besides, the Thursday’s routine workshop activities and special outing, each year in July, Indigenous Central celebrates the NAIDOC Week with the support of school and Community Connections. NAIDOC stands for ‘National Aborigines and Islanders Day Observance Committee’. This event is not commemorated only in Indigenous communities, but by Australians from all walks of life. The NAIDOC Week for 2012 was held from 1 to 8 July, but it was celebrated on the 23th of July at Brisbane State High School at the school assembly. The National NAIDOC’s theme for the 2012 NAIDOC Week celebrations was: **Spirit of the Tent Embassy: 40 years.**

During this ceremony, an indigenous elder, Aunty Peggy, gave a short talk about the tent Embassy. After Aunty Peggy’s speech, Christine Hill, the Learning Support Coordinator gave a historical view of NAIDOC celebration. The two speakers were followed by Aboriginal dance exhibitions. The celebration ended up by a sharing of Indigenous traditional food provided by Community Connections for the event. Through these activities, a message was sent out that the observable aspects of culture such as food, clothing, celebrations and language are only part of people’s cultural heritage. In addition, it is also known that the shared values, customs and histories characteristic of culture shape the way people think, behave and view the world.

The aim of these workshop activities and celebrations is to promote cultural identity awareness and education. Through these activities young people and school staff develop a richer understanding of the stories and meaning of Aboriginal and Torres Strait Islander people. The Indigenous Central activities enhance and promote Indigenous young people’s identity and wellbeing by linking them to their culture and history. They help Indigenous young people to build a strong sense identity, a sense of who they are.

Kelvin Grove College Young Women's Group

Youth Support Coordinator

Core components of young women's group:

- Peer support: young women have the unique opportunity to meet and become friends with other young women across a range of age groups and year levels, allowing them to share experiences, current issues and support each other when other supports may not be available.
- Consistent and constant support through: a long term group run fortnightly; the ability to contact facilitators if needed outside group; and peer support at school and in the group.
- Informal approach to big topics (use of social media and art to discuss topics)
- Young person driven model: young people decide on topics and are encouraged to discuss the topics from their perspective rather than being talked at by facilitators.
- Relationship building and challenging skills which have been taught and discussed in group through: introducing a new co-facilitator most terms; combining new and existing groups; the continual building on previous topics; and by bringing in outside supports such as the school based police officer and the school nurse.

2012 at a glance:

- Yoga (PCYC)
- Art therapy session based around self-care (PCYC)
- Drug and alcohol session by School- based Police Officer (SBPO)
- Sexual health session by School Nurse
- Two new co-facilitators facilitators (semester 1 and semester 2)
- Combined short term group with long term group (challenged skills around judgements, rumours and relationship building)
- Use of art re-introduced to group
- Introduction of social media (you tube)
- Topics covered: sexual health, drug and alcohol use, rumours, cyber safety and bullying (2 sessions), self-care (2) , body image (2), expectations, insecurities and relationship building (introducing two groups as one).

Merge of short term (7 week) group and long term (over 1 year) group into one:

- Why? This challenges the skills learnt in group such as: relationship building; not judging a book by its cover/stereotyping; communication strategies and techniques; and exposure to young women older or younger than yourself. The long term group had become quite small (5 young women) with only 2 attending regularly. So, it was also seen as a practical move to merge the two groups together.
- How? Discussions with both groups about the positives and negatives of merging groups, discussions of how a group merge may look and a discussion with each group about the age group and topics covered across groups.
- The decision: Made by the groups not the worker.
- The merge: informal group and picnic with both groups now as one, involved food sharing and young women bringing a plate, initial introductions led by facilitators but young women then able to chat between themselves with only occasionally prompting by facilitators.

Short term group:

- Number of participants who continued: 3 from 11

Long term group:

- Number of young women still participating: 4 from 5

New members:

- Number of young women who are completely new to group: 1

Ages of participants:

- Grade 9: 3
- Grade 10: 1
- Grade 11: 3
- Grade 12: 1

Attendance:

- Can be sporadic due to assessments (especially for year 11 and 12)
- Drop off rates from combination assuming anxiety and mental health reasons/plus gap between group ending and restarting (for integration of two groups)
- Since the merging of the two groups attendance has picked up with at least four young women coming each group, if not more

Feedback:

- At the end of each term young women complete an evaluation survey of group for that term.
- Survey covers evaluation of facilitators, topics covered, whether or not the young women continue to find young women's group useful and what topics the young women would like to cover next.
- Surveys consistently come back with positive comments from young women about wishing to continue group and enjoying topics.
- "Helpful with personal problems"
- "I love how young women's group are so supportive and they'll listen to your problems"
- "Good to talk to the girls and nice having guests come in"

Chloe Warrell

Youth Connections

Community Connections has one Youth Connections Worker as part of a consortium led by Brisbane Youth Service and including Jabiru Respec, Inala Youth Service and Salvation Army Youth Outreach Service. The last financial year has seen an increase in numbers of young people accessing this program with a continued focus on partnership and collaboration across the consortium. In addition to individual support offered, several groups have run throughout the year. A group providing tutoring around numeracy and literacy using the Basic Key Skills Builder program (BKSB) has continued at Zillmere Community Centre. The focus of this group is to build young people's confidence in their maths and English skills in preparation for re-entry into education or training. Developmental Group work is offered alongside the tutoring and is based on issues that are important to the young people accessing the group (i.e Legal issues, Drug and Alcohol information, Writing Resumes, Job interviews, Reflecting on Values, Thinking about happiness and wellbeing and youth homelessness). Young people who have accessed the BKSB group have progressed into Vocational training, employment, alternative education programs and mainstream schooling. Other group work has included a young women's group with students from Earnshaw Community College in Banyo focused on building aspirations and strengthening connection to their school and community. Community Outreach at the Westfield Shopping Precinct in Chermide continued over the past financial year in collaboration with Brisbane City Council, Jabiru, YACCA Zillmere, and Picabeen Community Centre. This work focused on building relationships with young people using public spaces in and around the centre. The Participatory Action Research project looking at Young People's happiness, resilience and capacity for self-reflection has had renewed energy with a focus on the question 'What would it take to generate a dream?' being central to the enquiry this year.





Sleep Rough: CLA Young Peoples Housing Project Fundraiser

Young people exiting Child Safety State Care or leaving situations of family breakdown are at risk of disengagement from education and community, and experience higher rates of homelessness. Two of CLA's teams Community Connections and ARROS currently work with and support young people at risk of homelessness, disengagement from education, and transitioning from state care. CLA has responded to the cases at risk of homelessness with the formation of a Young Peoples Housing Project with the aim to house young people to co-reside with supportive in-house mentors for a period of up to 12 months. For the project to be successful, it was estimated that for one young person to access supportive housing would cost up to \$2,600 for the duration of one year. Therefore CLA initiated phase one of the project: fundraising and starting to build a foundation of support through the local community. On the evening of the 21st of September, fourteen courageous volunteers toughed out the night sleeping under the stars in the CLA car park to raise funds for the Young Peoples Housing Project. The fundraising event SLEEP ROUGH launched the evening off for the "Sleep Roughers" with amazing performances from local musician Jack Gleeson and budding musician from Kedron State High School Sam Hugh. Between the performances were speeches from the CLA Coordinator Morrie O'Connor and from the Queensland Youth Housing Coalition, Maria Leebeek, expressing the need and importance that youth homelessness matters. Also on board was a Mission Australia social worker by day and Brisbane DJ by night, DJ Miss Method entertaining between items.



SLEEP ROUGH at CLA The Shed

Some Sleep Roughers



The evening was received with much enthusiasm and support with the fundraiser SLEEP ROUGH raising up to \$17,000 from crowd sourcing website givenow.com.au, generous donations from Senator Susan Boyce, Honourable Wayne Swan, and Councillor Kim Flessner, sponsorships from local Nundah businesses, and the friends and family of Nundah and the CLA community.

Originally the project began with the humble aim of raising enough funds to house two young people. However, generosity shown for the cause has made it possible for CLA to provide six young people with supportive accommodation. A very appreciative and big thank you to all who gave their time, energy and effort into kick starting the project financially;

your contribution and support has not only made the project financially viable, but has also contributed to creating a supportive and caring community for these young people to belong to.

Written by Kelly Otto

Community Living Program

Exploring Futures Project

Over the past few years the CLP team has received requests for assistance from families and people with disability that they have been unable to meet due to resource limitations. However, CLP has trialled a number of projects to offer limited support. These include:-

- Resource Booklet on Transition from School Services for families and young people
- Community Crew website on self-generated employment
- Now, over the last 12 months, the Exploring Futures project (formerly called Transitions)

This refined project (Exploring Futures) follows on from last year's attempts to link in with local schools to identify families of young people with an intellectual or learning disability that may like to undertake future planning work. It became evident over the course of that time that despite research and best practice noting that the earlier that transition planning occurs the better the outcomes, it seems that families don't always have the energy or motivation during the high school years to start considering future planning issues.

As a result, the CLP team shifted to identifying where / when families do make contact with CLP in relation to planning concerns. Evidence from the team's enquiries register would suggest that families reach out to other services and have more commitment for future planning once their young person has been out of school for a few years and may still be seeking satisfactory avenues for meaningful use of time, employment, and so forth. In response to this, Exploring Futures has developed a basic framework (derived from CLA's capacity building framework) for walking alongside families in creating / working towards a vision for a more active and engaged future. Eligibility for the project was determined to be:

- Readiness to engage in planning work
- Commitment to working through identified areas for exploration
- Residing in inner-north area of Brisbane

In order to assess a family's capacity to engage in a time-limited (12 months, meeting monthly) process that is not service-delivery orientated, a simple application form was developed that encourages families to 'apply' to work alongside CLP.

To date, CLP has commenced working with one family and have met with them twice. The young man central to this process is 24 years old. Although he has many strengths (ability to drive; helpful and caring nature; prior work experience; many interests and hobbies) his learning disability has made the job-seeking process difficult, particularly any written forms and the interview process.

During the initial planning session many existing networks and relationship were identified as potential areas to explore for employment. By the second session the young man had found full-time employment. He had commenced volunteering for a friend's courier business and they were so impressed with his work ethic that they then approached each of their customers regarding potential job opportunities. Even with this initial success, the family remain realistic about the sustainability of the young man's employment and would like to continue meeting with CLP staff over the remainder of the 12 months to keep focussed on other areas of planning now that the immediate concern for employment has been addressed. The family's resourcefulness and commitment to trying new things for their young person has been one of the key successes so far.

Adventure-Holiday Group

The Adventure-Holiday Group has had another great year of fun and adventures! We kayaked at Boreen Point on Lake Cootharabah, visited the Eumundi Markets and walked at Noosa National Park on our first camp for the year. Some group members had never kayaked before so it was an exciting new experience.

The group has recently returned from Gordon Country where we camped amongst cows, trees and creeks and had a great time roasting marshmallows, visiting Queen Mary Falls and exploring Gordon Country and Main Range National Park. Some group members had never experienced the cooling spray of a waterfall before and thought this was wonderful despite 82 stairs on the way back and the threat of ticks dropping from the trees.

Other outings this year have included a trip to the Petrie Old Town Markets where we sampled some local delicacies and danced along with Elvis. We also went bike riding in the City Botanical Gardens along the river, and went bushwalking at Mt Glorious.

We are looking forward to many new experiences, adventures and fun times in 2013!



BOREEN POINT BEACH CAMP



BIKE RIDING IN THE GARDENS



GORDON COUNTRY BUSH CAMP



MOUNT GLORIOUS BUSHWALK

4US Savings

4Us Savings is a group of people who meet on Pension Fridays to encourage each other to save. We help each other save for things that are important, like holidays with friends and family and new TVs. We have all enjoyed all the adventures and laughs we have shared in 2012.

Literacy for Everyday

The Literacy for Everyday group has enjoyed another year which has flown by. Following previous years, the group has welcomed new students and tutors and said farewell to others. We commend and thank the tutors who are leaving us at the end of this year. Group members agree that there is a lovely feeling of acceptance, safety and unity within the group; this is reflected in the supportive and open culture which exists.

Throughout the year students have worked very hard and are progressing well in achieving their goals. Students enjoy spending time while at the group catching up with friends and sharing stories of what they have been doing and places they have been. Most importantly, there are people who enjoy listening and are interested in what people have to share. The literacy group really values its volunteers who commit their time, energy and skills. They are flexible, go with the flow and rise to the challenges of spontaneity when required. A BIG thanks to everyone, past and present, who has contributed to the Literacy group, making it a place we enjoy being on a Friday.



Countdown Musical 2012

By Craig McCallister

After last year's incredible success of the Monster Movie Musical Spectacular, the cast and crew are set to do it all again tonight! Although not wanting to give away too much on tonight's musical we have planned another song and dance filled extravaganza based on ABC's 70s and 80's hit music show – Countdown.

Believe it or not, preparations for this year's musical began the night after last year's performance finished! Under the guidance of our 2 masterminds, Leona Berrie and myself, we put the script, visual effects and music score together. Over the past 6 months, rehearsals have taken place in the Shed with about 25 dedicated regulars coming along to dance and sing their hearts out. Having 2 wild Scottish lads (Allan and Iain) dressed in kilts was surely a reason for increased rehearsal attendance. Individual rehearsals were also held to help polish off dance numbers. A prop making day was held to make all those special extra touches to light up the stage.

Thanks to the generosity of DSQ 'Building supportive communities' grant, Lord Mayor's Suburban Initiative Fund and the Grill'd restaurant at Ascot for their donations to make this performance possible. Also a huge round of applause must go to our fabulous choreographer Joan. Once more Joan has created some fantastic dance moves for all the cast. Look out for those special moves on stage. Thanks must go to all of the wonderful volunteers and community members for their support and enthusiasm that they have contributed.

What will be announced as the number 1 hit of Countdown tonight? Will any of the performances be nominated for a Gold Logie? If you want to know how it all turns out – you will have to come along and find out!



Community Projects Team

Volunteers

Community Living Association has over 40 active volunteers involved in rich diversity of roles including:

- Literacy tutor.
- Friendly neighbour.
- Co-conspirator in a community meal.
- Committee Member.
- Exercise buddy.
- Fellow musician.

Without Volunteers the life of CLA and that of CLA constituents would not be as rich. It is my experience also that volunteers say the same of the positive impact of CLA constituents on their and their families lives.

We are very lucky to have such kind, committed and gifted group of Volunteers. Thank-you for your continued support of CLA as well as your ongoing relationship with constituents.

Richard Warner

Volunteer Coordinator

Nundah Community Enterprises Co-operative

NCEC is a constituted body which receives ongoing support from CLA

Outcomes for workers over the past year

- 25 workers with a learning/intellectual disability are now engaged in NCEC.
- \$85,963 paid to workers/members.
- 6437 hours of work created to workers/members (equivalent to 3.2 full-time positions).
- An independent report finding that NCEC workers found their job to be 'extremely valuable' with the following benefits accruing as a result of having a job.
 - Having more money to live on
 - Development of hopes and dreams for the future
 - Increased personal well-being
 - Decreased reliance on mental health services
 - A sense of identity, stability and safety in belonging to a community

CLA Student Unit

The Student Unit was formed in July 2011, to provide 11 QUT Social Work students each year the opportunity to undertake Field Placement opportunities with CLA. The part time Student Unit Supervisor position is funded through the QUT Faculty of Health, School of Public Health and Social Work.

During 2011 – 2012, 10 students undertook placement. The Student Unit is responsible for:

- Supporting and providing assistance to four young people who are homeless, or at risk of homelessness.
- Ongoing projects including a regular organisational newsletter, organising the AGM and the Annual Family Day event.
- Supporting a young man to establish his micro business.
- Outreach Literacy which supports three young women from Refugee Backgrounds, and their children, to develop literacy skills through the assistance of volunteers and a child care worker.
- Supervision Project to develop Supervision within the organisation.

The Unit also engaged in cross organisational projects and projects within the CLP, ARROS and Community Connections teams.

Thank you to all the students, Dave, Minda, Jason, Hannah, Pamela, Sara, Toni, Cassie, Alex and Michael, who committed to working, learning and laughing, while on placement. Thank you also to the Outreach Literacy Child Care Worker, Kirra Gorrie, and to the volunteers, Elizabeth, Sabrina, Kate and Deb for their incredible commitment and dedication to their work with the young people.

Thank you also to all the young people and their families, for allowing us to walk alongside them, and for keenly taking on the role of showing students the ropes.

Housing



Village Housing

Village Housing is an initiative of CLA that provides long-term housing to Community Living Program (CLP) constituents and other eligible community members.

Village Housing purposely includes people with and without intellectual disability in its aim to create the best life possibilities for people with an intellectual disability. Village Housing hopes to demonstrate that communities can be a place where all people are equally valued and where their gifts and contributions to others can be recognized.

Village Housing has nine dwellings, comprising 7 units and 2 houses. Currently the members of Village Housing meet once every 2 months. This is an opportunity to discuss tenancy and maintenance issues. It is also a good chance for socializing and supporting each other. Most meetings are held at the Espresso Train café however for a bit of fun the group has also decided to hold them down at Sandgate Beach and Toombul Shopping Centre.

Over the past year we have undergone some minor alterations and upgrades, such as installation of a skylight, new stove, internal painting and new blinds and curtains. Village Housing continues to offer good quality, well maintained and affordable housing to people on low incomes and pensions.

Village Housing Investment offers investors in Village Housing a financial return tied to movements in Reserve Bank rate. If you are interested in investing contact:

Morrie O'Connor
5 Nundah St, Nundah 4012

Or Phone – 3266 5633



Independent Youth Housing Group Ltd

I.Y.H.G is a constituted body which receives on-going support from CLA

This year marks IYHG 23rd year as a housing co-operative and has seen many positive changes in growth and development. We have been persistent to offer good quality, well maintained and affordable housing to people on low incomes and pensions. IYHG has continued throughout the year to improve and maintain its' properties. Two units have had new flooring installed and one unit has been painted internally. Thanks to the support of the Gambling Community Benefit Fund who has contributed \$20,000 towards a new bathroom and flooring in one of our properties.

We have maintained our record of having no rental arrears in the past year and also continue to sustain an ongoing healthy financial situation. Thank you to Foresters ANA and CLA who have continued to support our growth in property ownership. Once again this year we have increased our memberships and welcome our new members and tenants. These new members along with the already committed members mean that IYHG continues to move forward, whilst working together productively to create a successful housing co-operative.

I would like to thank all members for their work and support throughout the year, especially those who give a lot of their time and energy. I would also like to take this opportunity to thank CLP for its' continuing support including Mandy, Carmel and Morrie for their ongoing assistance. Thank you.

Danny Thomas (*PRESIDENT* IYHG Ltd)



Research

In March 2012, Victoria Tucker moved into the shared Community Education and Research position for Community Living Association Inc and WWILD-SVP Association Inc.

Projects include

- Transitions from Care project
- Roundtable on Intellectual Disability 2012 - The National Disability Insurance Scheme
- BOLD (Better Outcomes for Parents with Learning Difficulties) network - including submissions for the Child Safety Inquiry, BOLD/QUT Symposium – Realising the Hopes and Dreams for Parents with Intellectual Disabilities to be held on November 19th/20th
- Development of the Medicare locals around physical health issues for people with intellectual disabilities
- Paperbag Lunches Forums – Self Advocacy for People with Intellectual Disabilities; Mental health issues for People with Intellectual Disabilities; and Child Safety, Family Law Experiences for People with Intellectual Disabilities
- Conducting a number of community education/ training sessions within CLA or with other organisations

Here are some websites that are connected with Community Living Association Inc.



CLA Inc website:

www.communityliving.org.au



Facebook page:

www.facebook.com/CommunityLivingAssociation



GiveNow

<http://www.givenow.com.au/sleeprough>

On this site you can make a donation to support young people who are at risk of homelessness to co-reside with a supportive adult for a period of up to twelve months. Each \$2,600 raised funds one young person's accommodation for twelve months.



Strong Families Solar Project:

www.strongfamiliesolar.org

This project supports children and families from disadvantaged backgrounds.



Community Crew Resource Hub:

www.communitycrewhub.com

This site provides information on supporting people with a disability and their families to explore the options of niche volunteer roles or creating a micro business as an alternative way of meaningfully engaging in community.



Nundah Community Enterprises Co-operative

www.ncec.com.au

The Nundah Co-op provides meaningful employment for people with intellectual disabilities and mental health issues.



Home Share Project:

www.homesharebrisbane.com

The idea of homeshare is to create an opportunity for the householder to offer affordable accommodation to a homesharer in exchange for some agreed support or company.

Supported by:



Australian Government
Department of Families, Housing,
Community Services and Indigenous Affairs



Australian Government
Department of Education, Employment
and Workplace Relations